

ME 2 LEAD

EMPOWERING MILLENNIAL WOMEN

Rachel Brownlow Lund empowers ambitious millennial women to become well-connected influencers and create incredible lives of impact. A passionate communicator and leadership coach, Rachel helps young women overcome feelings of comparisonitis and self-doubt to become confident, career-savvy changemakers who work, play and lead in their zone of genius. Through coaching and mentoring, she has helped dozens of millennials establish lucrative career advancement opportunities, win thousands of dollars in grants, and secure key recommendations that moved the needle forward. Her work as a millennial women's leadership and empowerment coach has been featured internationally on stage at Eleanor Beaton's Million Dollar Message conference, The Creative Disruption Show and Young Money podcast. In her free time, Rachel enjoys reading, traveling and volunteering with Seedling. She serves as SVP of the Young Women's Alliance, is a Sustaining Member of Impact Austin, and is a member of women's business groups Ellevate and Polka Dot Powerhouse.